Find the story only you can tell

DAY 1 / EVERYONE HAS A STORY

List five possible subjects. Circle one and finish the sentence ‘I keep coming back to this because…’

Picture your reader

DAY 2 / EVERYONE HAS A STORY

Write a portrait of one reader, then finish ‘After reading my book, this person will be able to…’

Gather your raw material

DAY 3 / EVERYONE HAS A STORY

Make a list of three sources you already have and two questions you will research next.

Give your book a structure

DAY 4 / EVERYONE HAS A STORY

Draft five chapter headings. Add one sentence beneath each that explains its purpose.

Write a first scene or section

DAY 5 / EVERYONE HAS A STORY

Write for ten minutes about one scene or example. Underline one sentence you want to keep.

Edit with the reader in mind

DAY 6 / EVERYONE HAS A STORY

Revise yesterday’s passage. Move one idea, clarify one detail and read the result aloud.

Make a plan to keep writing

DAY 7 / EVERYONE HAS A STORY

Schedule three sessions. Name the scene, section or research question you will work on in each.